

PAULA CRANE CENTER

1792 Mt. Zion Rd, Morrow GA 30260 | 770.960.2009 | thecrane.org | The Paula Crane Center is a branch of Clayton Center Community Service Board

PROGRESS OVER PERFECTION. EVERY DAY, IN EVERY WAY, YOU ARE GETTING BETTER. YOU WILL BE A BETTER YOU. YOU ARE WORTHY OF GREAT THINGS. YOU CAN AND YOU WILL. THE PAST HAS NO POWER OVER YOU ANYMORE. ALL OF YOUR PROBLEMS HAVE A SOLUTION. YOU HAVE MANY STRENGTHS. YOU ARE LOVED AND APPRECIATED. YOU ARE IN CHARGE OF YOUR LIFE STORY. YOU ARE CAPABLE OF ACHIEVING ANYTHING. YOU ARE INSPIRING. I BELIEVE IN YOU. YOU ARE STRONG ENOUGH TO GET THROUGH THIS. TODAY IS GOING TO BE A GOOD DAY. YOU ARE STRONGER THAN YOUR TEMPTATION. I'M PROUD OF YOU. YOU ARE SURROUNDED BY PEOPLE WHO LOVE YOU. YOU ARE NOT YOUR MISTAKES. YOU MATTER. YOU CAN DO ANYTHING YOU PUT YOUR MIND TO. YOU ARE BRAVE. YOU HAVE THE COURAGE TO MOVE FORWARD. YOU HAVE A PURPOSE. YOU ARE IN CHARGE OF WHAT HAPPENS NEXT. I KNOW YOU CAN OVERCOME THIS. NO CHALLENGE IS TOO GREAT FOR YOU TO HANDLE. I AM BY YOUR SIDE EVERY STEP OF THE WAY. YOU ARE WORTHINESS OF HAPPINESS. I LOVE YOU UNCONDITIONALLY. YOU DESERVE TO SUCCEED. YOU WILL SEE AMAZING THINGS. YOU ARE RESPECTED. YOU HAVE PEOPLE THAT CARE ABOUT YOU. I AM CHEERING FOR YOU. WE RESPECT YOU. I CAN SEE THE PROGRESS YOU'RE MAKING. YOU HAVE SUCH A STRONG SPIRIT. IT'S IMPRESSIVE HOW FAR YOU'VE COME.

4

FRIDAY

Double Trouble Meeting

12 pm

3

WEDNESDAY

A.A. Meeting

12 pm

2

TUESDAY

All Recovery Meeting

12 pm

1

MONDAY

N.A. Meeting

12 pm