

SCAVENGER HUNT

Join Trakell at 1:15
as we take on
riddles and team up to
be the first to find all of the
lucky charms for prizes. We'll
be playing a host of other fun
games too!

HUGGING IT OUT WORKSHOP

Find positivity in affirmative reinforcement in this workshop facilitated by Thelisa, starting at 1:15, you'll walk away with a better sense of awareness!

Do your actions back up your words and your intentions or is behavior in actually in contradiction? Mr. Donald explores this and more in this workshop starting at 1:15.

WALKING THE WALK DIALOGUE
DIARIES This popular
series continues as we invite
another guest speaker, Elaine
L., to share their experience,
hope, and strength through

their life's journey.

Don't miss out,

event will starts

at 2 nm

Ms. Bernice CLAYTON hits the road ART at 1:30 and MUSEUM takes you on a journey to the Art Museum for an appreciation of art and culture.

She'll be heading

to Lee Street park

afterwards.

KEEPING IT REAL

If you can't be honest with yourself, how can you be honest about anything else? Mr. Donald dives deeper into this thought process at 1:15. Learn how to become more self-aware here.

EVERT ENLENDAR THE CRANE

A Clayton Center Community Service Board Program

Visit The Crane at 1792 Mt. Zion Rd, Morrow GA 30260 | 770.960.2009

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Join us every Friday for special Coffee & Chit Chat workshops starting at 8:30 am. For a list of all of free services visit thecrane.org		1	2	3	CLOSED	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	T.A.B.E. 23 Testing 10 am Contact Sherelle for details 770.960.2010	24	NEW+ 25	26
27	28	29	30	31	August 1	August 2

Stretch out those joints, loosen those muscles and jump into this cardio class facilitated by Bernice at 1:15. This light impact class is a great way to get back into the groove.

EXERCISE CLASS

Mr. Donald will
be winding
through the
trails of this
beautiful park,
all before
settling into a
peer support
group under a nice cool
pavilion. Van leaves at 1:30

OLD VS. NEW

what happens when the old you, meets the new you? Are you ready for this explosive confrontation? Ms. Thelisa facilitates this insightful workshop that

DOLLARS
& SENSE
Are your dollars
making sense, or
does it feel like you only ever
have cents? Join Sherelle at
1:15, as she facilitates the
basics of credit and how you
can get the biggest bang for
your buck.

Bracelets are fashionable jewelry pieces and we're giving you a chance to make your own in this class. Either make one for yourself or a loved one. Class with Thelisa starts at 1:15



THE GEORGIA RECOVERY TOUR BUS

will begin at

:15 pm.

is coming to The Crane

SEPTEMBER 2, 2025

Live Band, Great Speakers, Raffles & More ALL FREE!!

CARNIVAL

That's right, we're
having our own indoor
Carnival at the center
starting at 1:15 with a
variety of games, funnel
cakes, music, line dancing,
prizes and a whole lot more!