

TUESDAY
1:15 PM

11

RECOVERY FILL IN THE BLANKS

This workshop will be a great way to express yourself.

WEDNESDAY
1:15 PM

12

GETTING OUT OF YOUR OWN WAY

Move! Get out the way...learn how to tell yourself that.

BOARD GAME DAY

We're bringing the board games back out in this fun day of team work.

13

THURSDAY
1:15 PM

TO THINE SELF BE TRUE

We lie to ourselves everyday. This workshop helps us to break the cycle.

17

MONDAY
1:15 AM

WEDNESDAY
1:15 PM

19

EXERCISE CLASS WITH BERNICE

Cardio at its finest. Get those muscles ready to work!



Need to woo-sah? Join us Mondays at 1 o'clock for weekly Meditation. Learn new and effective techniques.

We invite you to our coffee & chit-chat sessions held every Friday morning starting at 8 am.



RECOVERY AT REYNOLD'S PARK

We're hitting the trails & taking our peer ! group outside!

20

THURSDAY
1:30 PM

FRIDAY
1:15 PM

21

LUCKY CHARMS

Let's see how lucky you are as we indulge in this adult version of hide-&-seek

WEDNESDAY
12 PM

26

FINDING YOUR PLACE IN THE WORLD

A workshop for guidance & structure

WOMEN HISTORY CELEBRATION

A look through time of the many contributions of women

27

THURSDAY
1:15 PM

MARCH MADNESS

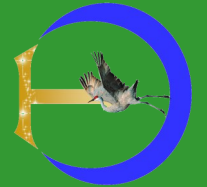
We're taking it to the hoops on this day to see has game and who just talks it.

28

FRIDAY
1:00 PM

THE CRANE

March Events



Look us up on the web under Paula Crane Center & like our pages: Facebook & Instagram
Visit our webpage: thecrane.org and see what other services we may provide for you
or come see us in person at 1792 Mt. Zion Rd, Morrow GA, Phone: 770.960.2009